



## Initial Assessment of Covid +ve Patients

### FORM A

Please could you complete the following initial questions. Please then email the form to either Dr Laurence at [laurence@thevinesfamilypractice.co.za](mailto:laurence@thevinesfamilypractice.co.za) or Dr Dave at [dave@thevinesfamilypractice.co.za](mailto:dave@thevinesfamilypractice.co.za), who will follow you daily.

Name: \_\_\_\_\_ Mobile #: \_\_\_\_\_

Email : \_\_\_\_\_ Date of onset symptoms? \_\_\_\_\_

Address \_\_\_\_\_

In the last 24 hours have you had?:

- |                                      |                          |                                 |                          |
|--------------------------------------|--------------------------|---------------------------------|--------------------------|
| • Fever                              | <input type="checkbox"/> | • Loss of smell                 | <input type="checkbox"/> |
| • Cough                              | <input type="checkbox"/> | • Loss of taste                 | <input type="checkbox"/> |
| • Fatigue / excessive tiredness      | <input type="checkbox"/> | Other                           | <input type="checkbox"/> |
| • Shortness of breath                | <input type="checkbox"/> | • Agitation                     | <input type="checkbox"/> |
| • Malaise (aching muscles and bones) | <input type="checkbox"/> | • Weakness                      | <input type="checkbox"/> |
| Non-specific symptoms include        |                          | • Seizures                      | <input type="checkbox"/> |
| • Sore throat                        | <input type="checkbox"/> | • Confusion                     | <input type="checkbox"/> |
| • Nasal congestion                   | <input type="checkbox"/> | • Findings suggestive of stroke | <input type="checkbox"/> |
| • Headache                           | <input type="checkbox"/> | Other symptoms?....             |                          |
| • Diarrhoea                          | <input type="checkbox"/> | _____                           |                          |
| • Nausea and vomiting                | <input type="checkbox"/> | _____                           |                          |

A Pulse oximeter which measures your oxygenation (SpO2 or SATS) is available on Takealot and is inexpensive and very useful - we suggest that you purchase one of these if you are Covid +ve.

Your SpO2 or SATS \_\_\_\_\_ %

Medication used so far?: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Dr Laurence Cohen

Dr Dave Horsfall